

Form ADV Part 3 – Client Relationship Summary

July 2026

Item 1: Introduction

LIFESTYLE ASSET MANAGEMENT, INC. is an investment adviser registered with the Securities and Exchange Commission offering advisory accounts and services. Brokerage and investment advisory services and fees differ, and it is important that you understand the differences. This document gives you a summary of the types of services and fees we offer. Please visit www.investor.gov/CRS for free, simple tools to research firms and for educational materials about broker-dealers, investment advisers, and investing.

Item 2: Relationships and Services

Questions to ask us: Given my financial situation, should I choose an investment advisory service? Why or why not? How will you choose investments to recommend to me? What is your relevant experience, including your licenses, education and other qualifications? What do these qualifications mean?

What investment services and advice can you provide me? Our firm primarily offers the following investment advisory services to retail clients: portfolio management (we review your portfolio, investment strategy, and investments); financial planning (we assess your financial situation and provide advice to meet your goals); solicitor/selection of other advisers (we select a third party adviser for you to use). As part of our standard portfolio management services, we monitor client accounts on an ongoing basis consistent with each client's investment objectives and the services provided. Our firm has discretionary management without any material limitations. We recommend investments that we believe are appropriate based on your investment objectives, risk tolerance, financial circumstances, and other relevant factors. Depending on your circumstances, we may limit certain investment types or strategies. Our minimum account size is \$50,000. Please also see our Form ADV Part 2A ("[Brochure](#)"), specifically Items 4 & 7.

Item 3: Fees, Costs, Conflicts, and Standard of Conduct

Questions to ask us: Help me understand how these fees and costs might affect my investments. If I give you \$10,000 to invest, how much will go to fees and costs, and how much will be invested for me? How might your conflicts of interest affect me, and how will you address them?

What fees will I pay? Our fees vary depending on the services you receive. Additionally, the amount of assets in your account affects our advisory fee; the more assets you have in your advisory account, the more you will pay us and thus we have an incentive to increase those assets in order to increase our fee. For hourly fee arrangements, each additional hour (or portion therefore) we spend working for you would increase the advisory fee. Private client fees are paid monthly in advance. Pension consulting service fees are paid quarterly in advance. You pay our fees even if you do not have any transactions and the advisory fee paid to us generally does not vary based on the type of investments selected. Please also see Items 4, 5, 6, 7 & 8 of our [Brochure](#).

In addition to our advisory fee, you may incur custodial fees, brokerage commissions, transaction costs, mutual fund or ETF operating expenses, and other fees associated with your investments. You will pay these fees and costs whether you make or lose money on your investments. Fees and costs

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reduce your investment returns over time. Please make sure you understand what fees and costs you are paying. Please see our [Brochure](#) for additional details.

What are your legal obligations to me when acting as my investment adviser? How else does your firm make money and what conflicts of interest do you have?: *When we act as your investment adviser, we have to act in your best interest and not put our interest ahead of yours. At the same time, the way we make money creates some conflicts with your interests. You should understand and ask us about these conflicts because they can affect the investment advice we provide you. Here are some examples to help you understand what this means (see heading immediately below).*

How do your financial professionals make money? Our financial professionals are generally compensated from the advisory fees paid by clients and may receive compensation based on factors such as assets under management, responsibilities, and overall firm performance. For reference, please see items listed above and also see Item 10 of our [Brochure](#) for additional details.

Item 4: Disciplinary History

Questions to ask us: As a financial professional, do you have any disciplinary history? For what type of conduct?

Do you or your financial professionals have legal or disciplinary history? No, we do not have legal and disciplinary events. Visit <https://www.investor.gov/> for a free, simple search tool to research us and our financial professionals.

Item 5: Additional Information

Questions to ask us: Who is my primary contact person? Is he or she a representative of an investment adviser or a broker-dealer? Who can I talk to if I have concerns about how this person is treating me?

For additional information on our advisory services, see our [Brochure](#) available at <https://adviserinfo.sec.gov/firm/summary/157450> and any individual brochure supplement your representative provides. If you have any questions, need additional information, or would like another copy of this Client Relationship Summary, then please contact us at 281-992-9220. We are committed to protecting the confidentiality and security of your personal information. Additional information regarding our privacy practices and the protection of client information is contained in our Privacy Notice, which is provided at account opening and is available upon request.